# Surynamaskar Käychain Craft

### Surya Namaskar Keychain craft

#### Things needed

- key chain ring (1pc)
- beads (3-4 pcs)
- One half page size printout of surya namaskar steps (or any image of your choice)
- Shrinky Dinks (This is a crystal clear plastic sheet that shrinks on baking. It is available in art stores, with detailed instructions on it)
- Sharpie permanent markers
- Scissors, tape, paper punch, brown paper bag, Thread (for beads approx. 15 cms)
- Oven.





### Steps for Making Keychain

#### Directions

- Take the printout of the selected image(half paper size)
- Place the clear plastic sheet on the image and trace the outline of the image on it, with a black permanent marker only. It will help if we tape the plastic to the image, to avoid it moving while tracing.
- After tracing untape, flip the plastic to the other side and color the picture. (remember, trace on one side, color on other side. use only permanent color markers.) once the colouring is done, cut the plastic into the shape of the image.







## Steps for Making Keychain (contd..)

- Punch a hole on one of the corners of the plastic image.
- Preheat the oven to 325 F (as per thepacket instructions on the plastic sheet) place a piece of brown paper bag on the baking tray.
- Place the coloured cutout shape of the plastic image on the brown paper (colored side up) and put it into the oven.
- Let it bake for 3 minutes. Watch the plastic shrink to 1/3<sup>rd</sup> size of the original size. After the piece lies flat, allow additional 30 secondsof baking time to complete the process.
- Remove paper from tray and lightly press with brown paper till it cools down. The image is now ready to assemble into keychain.
- Take the keychain ring, pass through the double folded thread, and knot it. Decorate it with the desired colored beads, and pass the thread through the hole of the plastic image. (that which we baked), and tie a knot.
- The key chain is ready to use.





