

SNY - 2009 in Bloomington Vibhag

- 1) Took place at 4 places (2 shakha and 2 sampark kendra) - Peoria, Bloomington, Decatur and Springfield.
- 2) 2 Proclamations issued by city mayors.
- 3) Radio interview by karyakartas
- 4) Total participation - 275, Total Surya Namaskars - 15800
(Bloomington - 12961, Peoria - 2740, Decatur - 50, Springfield - 50.
- 5) Yoga workshop was conducted at Springfield temple.
- 6) 10 people from a Yoga center in Bloomington participated.

Overall good experience, lots of new contacts generated, existing work will get more strength.

Local reports are as below

Peoria

-16 persons including adults & kids met every Saturday (1/17, 1/24 & 1/31) at Shakha to perform average 10 Surya Namaskar each/per week.

-50 persons including adults & kids of Balvihar Parivar met on Sundays (1/25 & 2/1) and performed 4 Surya Namaskar each/per week.

-10 families of Swadhaya parivar contributed 600 Surya Namaskar during SNY weeks.

-E-mails and flyers were circulated in few Caterpillar's buildings, Sunday Temple lunches, Temple bulletin board and groceries stores in Peoria to introduced families about the value of Yoga (Surya Namaskar).

A total of 30 families (27 Purush, 18 Mahila, 27 Kishor and 20 Balas) has performed 2740 SNs in past 2 weeks.

Bloomington

- Santosh Kale (Bloomington Shakha Mukhya Shikshak) was the SNY coordinator for the shakha.

- As part of SNY all the Karyakartas and sevikas did Suryanamaskars from January 17th till February 1st at places of their convenience.
- On January 31st a marathon was held where goal was at any point of time between 8 AM till 2 PM atleast one person would be doing Suryanamaskar.
- City of Bloomington and Normal declared January 31st as Suryanamaskar Yoga Day and also handed us a proclamation declaring the same.
- Our karyakartas were interviewed on radio channel WJBC. karyakartas explained how this activity can help the mind and body of an individual as well as the benefits of doing it as a cultural, social, team building event. They also explained concept behind organizing this national event all over the US by all chapters of HSS.

Marathon Report

- PradeepKumar Ji was the Shakha SNY coordinator and then eventually a coordinator was assigned for each hour during the Suryanamaskar marathon to make sure the smooth completion of all the sessions.
- Each hour was divided into 12-13 sessions. All the karyakartas and sevikas were assigned a time when they were expected to participate although it was not mandatory. Arrangements were also made to guide new swayamsevaks who were not familiar with Suryanamaskars.
- 75 participants performed 2282 Suryanamaskar. The enthusiasm shown by all participants was remarkable.
- SNY could reach some new Swayamsevaks and also Swayamsevaks who were not familiar with HSS in US.
- As the event was reaching its conclusion the enthusiasm was reaching newer heights. Participants had to wait as the number of participants grew much more than predetermined number of maximum participants who could do suryanamaskar at a time.
- The outstanding event concluded at 2 PM with HSS prarthana. An unusual contrast between states of mind and body could be felt in the air. Although bodies were tired minds couldn't have been more ebullient.

Some important links

WJBC radio interview link - http://video.google.com/videoplay?docid=3884188855_230256448&hl=en

Proclamation Video

<http://www.youtube.com/watch?v=OhDFqS20Dmo>

Proclamation Photos

<http://picasaweb.google.com/HSS.BMI/SNYProclamationBloomington2009#>

Bloomington Proclamation

<http://picasaweb.google.com/HSS.BMI/BloomingtonProclamation2009#>

Normal Proclamation

<http://picasaweb.google.com/HSS.BMI/NormalProclamation2009#>

Marathon

<http://picasaweb.google.com/lh/sredirect?uname=kmbhagwat&target=ALBUM&id=5297895771206841409&authkey=JxoHbj7zT4o&invite=CN6T8LAL&feat=email>