

PROCLAMATION

WHEREAS, yoga helps to melt away stress, relax tight muscles and ease pain; and,

WHEREAS, thousands of Americans, the young and old, the flexible and not-so-flexible and those of every heritage have the ability to discover, rediscover or continue the practice of yoga; and,

WHEREAS, the meditative aspects of yoga help many to reach a deeper, more spiritual and more satisfying place in their lives. Many who begin to practice for other reasons have reported this to be a key reason that yoga has become an essential part of their daily lives; and,

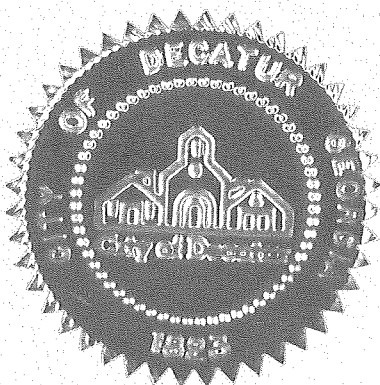
WHEREAS, there are many benefits to practicing yoga every day.

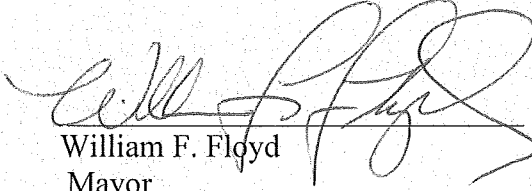
NOW THEREFORE, I, William F. Floyd, Mayor of the City of Decatur, the "City of Homes, Schools and Places of Worship," do hereby declare Saturday, January 24, 2009 as:

YOGA DAY/ SURYA NAMSKAR DAY USA

and, I do hereby urge all citizens and organizations of this community to join me in extending appropriate honors and congratulations.

IN WITNESS THEREOF, I have hereto set my hand and caused the Seal of the City of Decatur to be affixed this 12th day of January 2009.




William F. Floyd
Mayor