

**Baudhik Yojana for April-May-June-2005.  
Targeted Gana: Kishor (13yrs and older).**

Baudhik Yojana for each month will have:

- 1 baudhik topic per month & 3 Churcho topics, with points for each of them and other relevant resources.
- 1 Amrit Vachan per month. This should be recited (lead-follow) when the Sankhya Pramukh collects Sankhya from all Agresars.
- 1 Geet for two months. Geet should be done before the baudhik session. Goal should be to have every one Shakha memorize the geet and be able to sing together.
- 1 Subhashitam for two months: This will be a Shloka or a sentence in Sanskrit/Hindi that should be recited (lead-follow) either before the Geet or before Amrit Vachan.

Format	Topics for April 2005
Utsav Baudhik	Yugadi Utsav
Baudhik	Understanding Hinduism – basic principles
Churcho	How Hinduism prevents and resolves conflicts in this world?
Churcho	How do I practice in my own life?
Churcho	Is Hinduism necessary in this world?
Story	Examples from life of Sri Rama
<b>AMRIT VACHAN</b>	
<b>SUBHASHITAM</b>	Refer to Subhashitam#1

Format	Topics for May 2005
Baudhik	Hindu Contributions to this World
Churcho	Relevance of Yoga and Meditation in today's World?
Story	Life of Vandaneeya Mausi ji
Churcho	Ayurveda and its effectiveness
Churcho	Hindu Saints in the West
<b>AMRIT VACHAN</b>	
<b>SUBHASHITAM</b>	Refer to Subhashitam#2

Format	Topics for June 2005
Churcho	Qualities of Swayamsevak/Sevika
Churcho	Vidyarthi Vistarak Yojana
Baudhik	Baudhik Pointers: Hindu Sanghatan Diwas Utsav
Baudhik	Importance of Sangh Shiksha Varg
<b>AMRIT VACHAN</b>	
<b>SUBHASHITAM</b>	Refer to Subhashitam#3

## Details for each topic will contain following sections:

*Topic/Boudhik:* Understanding Hinduism – basic principles

*Reason for choosing this topic:* Better understand of principles of Hinduism. Secondly, our kishor should have the correct knowledge that defines/describes what is Hindu Dharma. This boudhik and followed charcha topics will provide them the tools for articulating in schools and other forums.

*Points:*

1. **Ekam Sat VipraH bahudA vadanti** – Truth is One, There are many Paths to reach the same.

Corollaries:

1. *aano bhadraah krutavo yantu vishvatah* – Let noble thoughts come in all directions.

2. *Aakashaat patitam toyam, yadha gachati saagaram* – All water that descends from the skies reach the ocean in different streams.

2. **Amrutasya putraaH** – Children of Immortality.

We are not sinner, but children of immortality. Divinity is within us. We have to realize it.

3. **Vasudhaiva Kutumbakam** – World is one family

4. **Dharma, Artha, Kaama, Moksha** – Living based on Dharma directed towards Realization/Liberation

Corollary: Duty versus Rights based.

5. **Unity in Diversity** Vs Unity through Uniformity

6. **Self-Realization based** than Path shown by someone or some book

Charcha topics:

1. *Is Hinduism necessary in this world?*

What if Hinduism isn't there? Do we have the necessary solutions to the needs of Humanity? Does one fit all solution work for all people across the world? Is Nature diverse or uniform?

2. *How Hinduism prevents and resolves conflicts in this world?*

For example,

1. Religious conflicts: Allows acceptance of different views.

2. Environment/Nature Resources: Milking Nature versus exploiting.

3. Poverty: Dharma based means duty based, duty means Service based, service based means social responsibility, to help the needy. To Serve needs selflessness and limiting once desires.

4. Conflicts between Nations: Survival of Fittest versus Fittest for the Survival of Others.

Conclusion: Dharma is a win-win idea, not win-lose or lose-win proposition.

3. *How do I practice in my own life?*

1. After explaining the concept of dharma, seeking ideas from participants as to how it is practiced in one's own life, will be a good discussion. Some of the ideas/examples will be around – duties in personal life etc.
2. One's duty is another's right: Example: In a family, While switching lanes on freeway, etc.
3. How to apply across this concept in the context of society?

**Other Resources:**

1. The Complete Idiot's Guide to Hinduism by Linda Johnsen
2. Explaining Hindu Dharma to Teachers from Vishwa Hindu Parishad
3. A Tribute to Hinduism : <http://www.atributetohinduism.com>